

Marc Sheppard
PO Box 1028
125 Madison Avenue
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www.altiusguns.com

2013 Biathlon Summer Shooting Camp 18-23 June, 2013

Description

This camp is designed for Biathletes with their own equipment and at least one season of competition experience. It provides an opportunity for intermediate to advanced Biathletes to learn (or review) the fundamentals of rifle fit, shooting position, and race strategy.

Cost

\$450/Participant

Registration Limit

The Camp is limited to 8 participants to ensure quality instruction and individual attention.

Minimum Age Requirement

In general, the minimum age requirement for this camp is 15. Please contact Altius regarding younger participants.

Required Equipment (Some items available from Altius)

Biathlon rifle with 4 magazines(minimum), hand stop, sling, prone cuff, and harness (Winter Competitors only)

Heart Rate Monitor

Rifle Cleaning Supplies and Tools

500 Rounds Ammunition

Clothing for Running/Biking (expected temperatures are 30-70F, with some variable weather)

Suggested Equipment (Some items available from Altius)

Classic length ski poles (if you are a Winter Biathlete)

Lightweight ski gloves (if you are a Winter Biathlete)

Bug Spray

Bear Spray

Sun Screen



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			<u>Schedule</u>
<u>Date</u>	<u>Time</u>	Location	<u>Activity</u>
18 June(Tues)		Altius	Check In/Receive any Schedule Updates
	1800-2100	Trailhead	Rifle Adjustment, Review Shooting Position, Zero
			Procedure, Shooting Fundamentals
19 June(Wed)	0800-1100	Range	Zeroing and First Shot, Cadence Shooting, Grouping/Approach Drills as needed (PRONE)
	1400-1700	Range	Range Procedure with Video (PRONE)
			Reading the Wind, Range Strategies
	1700-1800	Trailhead	Video Review,
20 June(Thur)	0800-1100	Range	Zeroing and First Shot, Cadence Shooting,
20 June(1 nur)	0800-1100	Range	Grouping/Approach Drills as needed (STANDING)
	1400-1600	Range	Range Procedure with Video (STANDING)
	1600-1800	Trailhead	Video Review, Dry Firing Drills, Mental Training
	1000-1000	Tranneau	video Review, Dry I imig Dims, Wentar Training
21 June(Fri)	0800-1100	Range	Zeroing, Heart Rate Shooting Test, Race Pace
, ,		C	Shooting
	1100-1400	Trailhead	Lunch (BYO), Race Strategy, Rifle Maintenance,
			Misc Issues, Q&A, Discussion
	1400-1800	Trailhead	Laser Simulator Analysis (Individual sessions)
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22 June(Sat)	Mtn Bike Biathlon Race Sprint - Register at <u>www.rendezvousskitrails.com</u>		
23 June(Sun)	Mtn Bike Biathlon Race Pursuit - Register at www.rendezvousskitrails.com		

Locations:

Altius - 125 Madison Avenue 406-646-9222

Range - Rendezvous Ski Trails Biathlon Range

Trailhead - Trailhead Building at the Rendezvous Ski Trails

Note that we can adapt the schedule as needed to fit the desires of the whole group.



Participant Information

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Registration Form

Complete and Return with \$450 Payable to Altius

Name: Address: Phone: Email: Emergency Contact and Phone: Age: Make/Model/Age of Rifle: Biathlon Experience: Level of Previous Competition:	
Email: Emergency Contact and Phone: Age: Make/Model/Age of Rifle: Biathlon Experience:	
Emergency Contact and Phone: Age: Make/Model/Age of Rifle: Biathlon Experience:	
Age: Make/Model/Age of Rifle: Biathlon Experience:	
Biathlon Experience:	
Level of Previous Competition:	
□ Local □ NORAM □ International	
Waiver and Release of Liability In consideration of the acceptance of my entry, I, for myself, my executor assigns, do hereby release and discharge Altius Handcrafted Firearms, M Yellowstone Ski Education Foundation, West Yellowstone Chamber of C Association, USDA Forest Service, Montana National Guard, and any off or event supporters from all claims or damages, demands, actions whatso that I awow that I am physically fit and sufficiently trained to participate in Entrant's Signature (Parent Must sign and Print if under 18)	arc Sheppard, West Commerce, US Biathlon her sponsors, volunteers, bever in this event and